

**Provincial Qualifier/Lisa Alexander C/N/W/ Meet
January 20-22, 2017
Etobicoke Olympium, Toronto
Tentative Schedule #4**

Friday January 20th

9:00am-9:10am	Coaches Meeting (Referee Table)
9:00am-9:10am	Lap Warm-up
9:10am-9:30am	Senior Duet Tech & 13-15 Duet Warm-up
9:35am-9:50am	Senior Duet Tech Competition (3)
9:50am-11:15am	13-15 Duet Competition (17)
11:20am-11:40pm	Junior Duet Warm-up
11:45pm-12:30pm	Junior Fina Duet Competition (9)
12:35pm-1:15pm	Officials Lunch
12:50pm-1:10pm	Senior Solo Tech & 11-12 Fina Duet Warm-up
1:15pm-1:25pm	Senior Solo Tech Competition (2)
1:25pm-1:55pm	11-12 Fina Duet Competition (6)
2:00pm-2:20pm	Junior Team & Senior Tech Team Warm-up
2:25pm-3:00pm	Junior Fina Team Competition (6)
3:00pm-3:05pm	Senior Tech Team Competition (1)
3:10pm-3:30pm	COSSC Combo & 11-12 Fina Team Warm-up
3:35pm-3:40pm	COSSC Combo Competition (1)
3:40pm-3:50pm	11-12 Fina Team Competition (2)
3:55pm-4:15pm	13-15 Fina Team & Senior Free Team Warm-up
4:20pm-5:20pm	13-15 Fina Team Competition (9)
5:20pm-5:35pm	Senior Free Team Competition (3)

Saturday January 21st

8:00am-8:10am	Coaches Meeting (Referee Table)	
8:00am-8:10am	Lap Warm-up	
8:10am-8:30am	Senior Free Solo & 13-15 Fina Solo Warm-up	
8:30am-8:45am	Opening Ceremonies	
8:45am-8:55am	Senior Solo Free (2)	
8:55am-10:10am	13-15 Solo Competition (15)	
10:15am-10:35am	Senior Duet Free, 12&U Solo & Junior Solo Competition Warm-up	
10:40am-10:45am	Senior Duet Free Competition (1)	
10:50am-11:10am	12&U Solo Competition (4)	
11:10am- 11:40am	Junior Solo Competition (6)	
11:45am-12:20pm	Officials Lunch	
11:55am-12:15pm	13-15 Fina Figure Warm-up	
12:20pm-2:30pm	13-15 Fina Figure Competition (87)	4 panels
2:35pm-2:55pm	Junior Figure Warm-up	
3:00pm-4:00pm	Junior Figure Competition (41)	4 panels
4:00pm-4:45pm	Officials Dinner	
4:20pm-4:40pm	13-15 Figure Warm-up	
4:45pm-7:40pm	13-15 Figure Competition (143)	4 panels

Sunday January 22nd

8:00am-8:10am	Coaches Meeting (Referee Table)	
8:00am-8:10am	Lap Warmup	
8:10am-8:30am	11-12 Figure & AWD Figure Warm-up	
8:35am-11:40am	11-12 Figure Competition (178)	4 panels
11:40am-12:00pm	AWD Figure Competition (10)	2 panels
12:00pm-12:45pm	Officials Lunch	
12:00pm-12:45pm	Parent Information Session **	
12:05pm-12:10pm	Burning Bright Presentation	
12:25pm-12:45pm	10U Figure Warm-up	
12:50pm-3:10pm	10U Figure Competition (138)	4 panels
3:15pm-3:35pm	10&Under & 11-12 Land Routine Demo/Pilot Event (4)	
3:15pm-3:35pm	16-20 Figure Warm-up	
3:40pm-4:55pm	16-20 Figure Competition (65)	4 panels
5:00pm-7:00pm	L2T Clinic (Details to Follow)	

*Please note: In the event that an event finishes early, the next scheduled event may be moved up (by no more than 1/2 hour)

**Parent Information Session: All Parents of Athletes in the 9-10 and 11-12 Age Groups are invited and encouraged to attend.