



### **About Synchro Canada**

*Synchro Canada is an organization that fosters the pursuit of excellence while developing athletes, citizens, and ambassadors of the sport of synchronized swimming at all levels. From its 1924 beginnings in Montréal, synchronized swimming has been actively pursued by more than 70 countries worldwide. Canada proudly ranks among the best of these nations.*

## **Synchro Canada is currently seeking a Support Coach for the Regional Training Centre - Ontario**

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JOB LEVEL	Support Coach (Part Time Permanent- Professional Contractor)
REPORTS TO	Head Coach – Regional Training Centre - ONTARIO
JOB LOCATION	Regional Training Centre Pan Am Pool – Toronto (Scarborough), Ontario
TERM	September 1, 2017 – June 30, 2018
HOURS	10-30 hours/week
POSITIONS	1-3 Support Coaches

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### **OVERVIEW**

The Regional Training Center Support Coach will be responsible for supporting the RTC Head Coach, RTC Assistant Coach, and the RTC Management Team with aspects of the design, content implementation, and monitoring the results of a comprehensive daily training environment as well as a competition program for the athletes participating at the Centre. The program will promote the consistent and continuing development of Canadian synchronized swimming performances and the achievement of specific performance benchmarks in National Championships, Junior World Championships, and ultimately Olympic Games, World Championships and other major international events.

### **CORE COMPETENCIES**

- Demonstrates a clear understanding of the needs of the partners involved in and the purpose of the Regional Training Centre Management Team
  - Demonstrates a solid sense of direction and purpose aligned with the vision, mission and mandate of Synchro Canada particularly as it relates to HPD;
  - Understands and supports the HP athlete profile required for athletes selected to participate in the RTC
  - Behaves in an ethical, honest, respectful, trustworthy, fair manner, honouring commitments and treating athletes, fellow coaches and others with respect;
  - Demonstrates excellence and inspires excellence in others, ensuring quality and alignment with COE National Team programming, raising the standards for athlete program delivery;
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## **SPECIFIC DUTIES**

The RTC - Support Coach reports and is accountable to the RTC Head – Coach, Assistant Coach, and to the Regional Training Centre Management Team.

### ***Next Gen Athlete Preparation***

The RTC-Support Coach is responsible for supporting the RTC Head Coach and Assistant Coach with planning, implementation, monitoring and evaluation of athlete training and preparation for competition.

- Be responsible to execute this YTP and subsequent training plans (as directed by the RTC-HC and RTC HP team) and support the RTC- HC competitive activities of the athletes for which he/she is assigned.
- Under the leadership of the Head Coach, execute the various choreography strategies necessary for Canada to achieve overall results
- Support the Head Coach in implementing sport science testing programs to ensure regular physiological, psychological, medical, and technical monitoring of training programs.
- Maintain regular communication with athletes, Head Coach and Assistant Coach

### ***Coaching Education and LTAD Implementation***

- Support the development, implementation and analysis of educational opportunities for coaches involved within SC RTC, high performance and domestic system in collaboration with the Head Coach, Assistant Coach and the Regional Management Team.
- Participate in coaching education opportunities for coaches provided by both the Province as well as the National Sport Organization

### ***Administration of NextGen Program***

- Attends, when requested various meetings.
- When appropriate, promotes the RTC national team program to Synchro Canada membership, corporate sponsors and the general public.
- Performs such other duties as may, from time to time, be requested by the Head Coach, the CSO and/or the CEO in order to best ensure the realization of the high performance plan objectives.

### ***Other Duties and Responsibilities***

- Performs the duties stated as a responsible employee of the Association observing and supporting all policies and procedures as set by the Board of Directors and observing all policies and requirements as outlined in the Synchro Canada Employee Handbook
- Represent the vision, mission and values of Synchro Canada, and conducts oneself according to ethical standards generally accepted in business



## **QUALIFICATIONS**

- Synchro Specific Level Competition Development, equivalent level 3 or 4 NCCP level.
- Previous experience in a leadership capacity at the National Team level is preferred.
- University degree in sport or coaching related field to be added to the Synchro specific experiences will be considered as an asset
- Experience as National Team Coach in Canada or abroad will be considered.

## **KEY SKILLS**

- Excellent inter-personal and communication skills
- Comprehensive understanding of international synchronized swimming and clear understanding of Synchro Canada structure and programs
- Proven ability to work with athletes as required
- Proven ability to take direction when required and to support a Head Coach
- Ability to work within a team environment
- Ability to prepare (written) seasonal plans for specific training groups integrating the following four components: physiology, psychology, technical and choreography preparation
- Ability to use video and other software to do effective video analysis.
- Demonstrated ability to stay current with trends and innovation in the sport
- Sound judgement and decision making
- Complete commitment to the current vision of the organization

## **OTHER REQUIREMENTS**

- Flexibility in working hours, ability to work evenings and weekends and holidays as required
- Available for travel including weekends and holidays
- Successful candidates must:
  - Complete the Respect in Sport for Activity Leaders online module
  - Provide a completed Vulnerable Persons Criminal record check

## **COMPENSATION**

The compensation will be based on the successful candidate's qualifications and experience as well as hours per week and competition/travel requirements throughout the season.

## **APPLICATION PROCESS**

Apply in confidence by sending your cover letter and resume by August 18, 2017 to [julie@synchro.ca](mailto:julie@synchro.ca) or by mail to:

Synchro Canada  
Attention: Julie Healy, CSO  
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